



CHOLESTASYS[®]

Healthy Cholesterol Support*

Dear Valued Customer,

Thank you for purchasing Cholestasys. Cholestasys is a dietary tool formulated to help provide daily nutritional support for healthy cholesterol lifestyle choices.* Carefully read and follow the directions. We are dedicated to your success with Cholestasys.

IMPORTANT – PLEASE READ

- If pregnant or breastfeeding, take only as directed by your physician.
- Keep out of reach of children.
- Store in a cool, dry place.
- If tamper-resistant seal is broken, do not use.

Serving Size- Take one or two capsules twice daily with your two main meals, or as directed by your health care professional. If you miss a serving, take a serving as soon as you can, and continue with your regular regimen.

Children- If under 21 years of age, consult your health care professional before taking Cholestasys. Children under four years of age or under 40 pounds should not take Cholestasys. Children under 75 pounds should take one half capsule twice daily with food. Slide the capsule apart to open, mix half the contents thoroughly with water, juice or yogurt, and consume immediately.

Side Effects – Cholestasys is formulated with botanicals, vitamins, and minerals to support your healthy lifestyle*. If you experience a rare side effect or an allergic reaction, consult your health care professional immediately and then contact our customer service department.

Complete Nutrition- Cellular nourishment is critical to health, but many modern diets lack vital nutrients bodies need to support sustainable health. We suggest visiting these websites; www.vita-female.com or www.vita-male.com, for information on additional nutrition support.

Diet- Choose foods with a beneficial effect on the body, such as raw fruits and vegetables, whole grains, pastured meats, healthy legumes and nuts. Also remain hydrated during the day with pure water. Limit or avoid acidic substances such as sodas, candy and alcohol. Avoid processed, prepackaged and fast foods.

Exercise- Only 15-30 minutes of light to moderate exercise per day is beneficial for everyone. Walking, riding a bike and taking the stairs instead of the elevator are small ways to incorporate more movement into your daily routine. Work with your health care professional to develop a healthy exercise regimen.

Keep With the Program- Take Cholestasys for at least 30 days to experience a full difference. To maintain this healthy difference, we recommend you continue to take Cholestasys for 3-6 months. Keep a detailed journal to evaluate your progress.

Prescription Medications- If you are taking any prescription medications, please consult your health care professional before using Cholestasys. Do not change your prescription medication regimen without first consulting your health care professional. Take Cholestasys an hour before taking prescription medications.

Success Stories- Tell us your success story! Please visit www.hellolife.net/reviews/ to share your story, or call our customer service line at 1.866.504.7557.

Return Policy- Visit www.hellolife.net/terms-of-service for a copy of our return policy.

www.hellolife.net
International: 1.616.551.4246
Customer Service: 1.866.504.7557
Sales: 1.800.875.0850

Cholestasys Limits by Weight per Day

Under 75 lbs • 1/2 Capsule

75 - 125 lbs • 2 Capsules

125 - 175 lbs • 3 Capsules

175+ lbs • 4 Capsules*

**Reduce by 1 capsule after 30 days*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**