



B-BALANCED DMG™

*Support for Brain Function & Behavior**

Dear Valued Customer,

Thank you for purchasing B-Balanced DMG! B-Balanced DMG is a naturally-flavored liquid supplement formulated to help provide daily nutritional support for brain function and behavior.* Please carefully read directions for use below:

IMPORTANT – PLEASE READ!

- If pregnant or breastfeeding, take only as directed by your physician.**
 - Keep out of reach of children.**
 - Store in a cool, dry place.**
- If tamper-resistant seal is broken, do not use.**

Serving Size: Ages 4 to 11 take ½ tablespoon twice daily. Ages 12 and older take ½ tablespoon 3 to 4 times daily, or as directed by your healthcare professional. B-Balanced DMG may be mixed with a glass of juice or water if desired.

Children: Children under age 4 or 40lbs should not take B-Balanced DMG without the approval of a qualified health care professional.

Prescription Medications: If you are taking prescription medications, please consult your health care professional before using B-Balanced DMG. Do not change your prescription medication regimen without first consulting your health care professional. Take B-Balanced DMG an hour before taking prescription medications.

Side Effects: B-Balanced DMG is formulated with botanicals, vitamins, and minerals for safe, yet potent support of brain function and behavior.* If you experience a rare side effect or an allergic reaction, discontinue use, consult your health care professional immediately, and then contact our customer service department.

Diet: Support your efforts by focusing on foods that provide a beneficial effect for the body, and avoiding foods that do not. Drink plenty of pure water. Aim for a variety of raw and cooked vegetables, fruits, legumes, nuts and seeds. Limit intake of dairy, meat, refined grains, refined sugar, and refined oil. Avoid heavily processed foods and artificial ingredients.

Exercise: Adequate exercise is important to physical, mental, and emotional health. Aim for at least 30 minutes of moderate exercise a day.

Customize Your Regimen: Customize your daily regimen with added support as desired. B-Balanced DMG is commonly combined with:

- Synaptol** - for relief of low focus & hyperactivity.
- Anxietin** - for relief of anxiety & panic episodes.
- Compulsin** - for relief of obsessions & compulsive behaviors.
- MelloCaps** - for herbal support of calm mood.*
- Focus Excel** – for support of brain function & focus.*
- Provolux** - for overall wellness support with probiotics.*

Keep It Up: Take B-Balanced DMG for at least 30 days. We recommend you continue to take B-Balanced DMG for 3-6 months. Keep a detailed journal to evaluate your progress.

Feedback: We would love to hear about your experience! Please visit www.hellolife.net/reviews or call us at 1.866.504.7557 and let us know how we're doing.

Return Policy: Please visit www.hellolife.net/terms-of-service/ for a copy of our return policy.

Sales: 1.800.875.0850
Customer Service: 1.866.504.7557
International: 1.616.551.4246
www.hellolife.net

***These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.**